

**Optum** Financial<sup>®</sup>

# State of Arkansas

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Optum Financial Employee Reference Guide



# Get to know Optum Financial

We are here to help make health care work better for you



## Ways to save

Choose accounts to help you with life's most important expenses.

- HSAs, FSAs, Commuter



## Resources

Information at your fingertips through engaging videos, courses, flyers, webinars.



## Technology

Innovative tools help you use, manage, and maximize your accounts.



## Easy payments

Payment cards that can be used most anywhere and digital wallet capabilities (offered for some account types)

# Let's learn about HSAs

# What is an HSA?

A health savings account, or HSA, is an account that saves you money by letting you use income tax-free dollars to pay for qualified medical, dental, & vision expenses



**Sign up** during enrollment. HSAs are compatible with a qualifying high deductible health plan (HDHP).



**Contribute income-tax free money** to your account –up to IRS limits – and adjust at any time during the year.



**Spend** your HSA dollars on hundreds of items – like glasses, Rx refills, and doctor visits.



**Earn** potential interest on your balance. Choose to invest HSA funds for potential added growth, after meeting minimum balance.



**Balances carry over** from year-to-year, to new jobs, and into retirement.



An HSA is designed to help you save money for use today or later



# How an HSA helps you save money

Save, earn and spend income tax-free



**Money in.** Deposits are exempt from income tax



**Earnings.** Interest and potential investment growth are income tax-free



**Money out.** Funds spent on qualified medical expenses are income tax-free

# HSA savings in action - meet Jake

Meet Jake. He's 27 and considers himself fairly healthy. When he started his new job, he decided to open an HSA and contribute \$100 per month. Because he hasn't had many medical expenses, he decided not to touch the balance during his first year. Once he turns 40, he begins using \$500 each year after that to cover his health costs. Here's how Jake's balance grows:



Assuming 22% federal income tax and 7.65% FICA. Results and amount will vary depending on your particular circumstances



# What's covered under an HSA?

Save on out-of-pocket costs head to toe



Acupuncture



Chiropractic Care



Eye exams, glasses, & contacts



Flu shots



Nursing services



Orthodontia (non cosmetic)



Physical exam



Physical therapy



Prescription drugs & refills



Psychiatric care



Sunscreen, SPF 15+

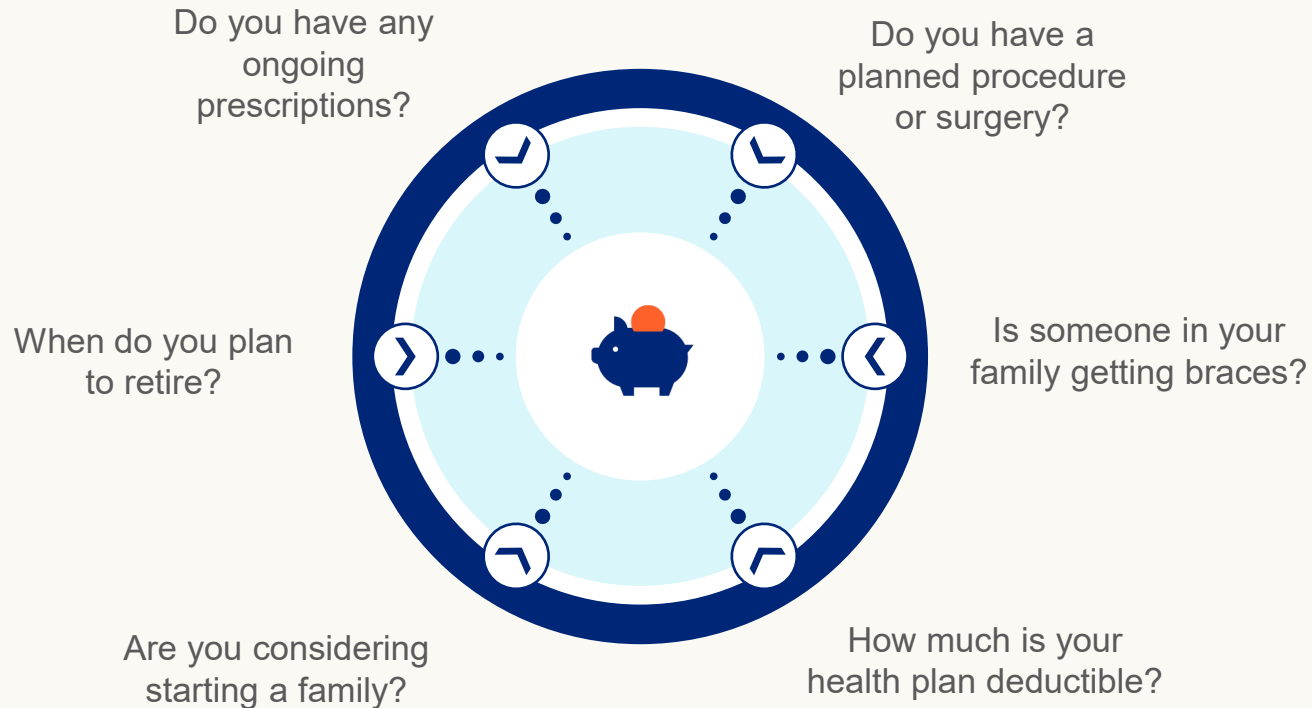


Wheelchair, walkers, crutches, & canes

**Use the Qualified Medical Expense Tool on [optumfinancial.com](https://optumfinancial.com) to see if your specific expense qualifies for reimbursement**

# How much should I contribute? How much can I contribute?

## Things to consider when choosing your contribution amount



### 2023 IRS contribution limits

Individual: \$3,850

Family: \$7,750

### 2023 Employer contribution

Individual: \$25 per pay

Family: \$50 per pay

When you are 55 or older, and not enrolled in Medicare, you can fund an additional **\$1,000 each year**, called a catch-up contribution.



## How do I know if I'm eligible for an HSA?

Most people covered under a qualifying high-deductible health plan (HDHP) are eligible. Here are a few more IRS requirements.



- You are not covered by any other health plan that is not an HDHP
- You are not enrolled in Medicare, TRICARE or TRICARE for Life
- You haven't received Veterans Affairs (VA) benefits within the past three months, except for preventive care; if you have a disability rating from the VA, this exclusion doesn't apply
- You can't be claimed as a dependent on someone else's tax return

# Investing in your HSA

Options for every type of investor



## Mutual funds – *choose from a pre-selected list of mutual funds*

- A diverse variety of mutual funds
- High Morningstar ratings
- Low expense ratios

## Savings potential

Let's say you contribute \$3,000 a year to your HSA until retirement. Assuming you use \$1,500 a year for medical expenses, earn 7% a year in interest and investments, and reinvest all earnings, your savings can really add up. But, the earlier you start, the more potential you have. See how starting in your early years can really pay off.

Starting age	HSA value at age 65 <sup>1</sup>
25	\$320,420
35	\$151,613
45	\$65,799
55	\$22,176

Investments are not FDIC insured, are not bank issued or guaranteed by Optum Financial or its subsidiaries, including Optum Bank, and are subject to risk including fluctuations in value and the possible loss of the principal amount invested.

Account holders must meet the minimum balance to begin investing, this amount may vary, check your online account or plan documents.

<sup>1</sup>Hypothetical example for illustrative purposes only. Amounts will vary depending on your unique circumstances.

# How can I access my account?



## Online portal

- Make deposits
- Pay bills
- Reimburse yourself
- Manage your investment activity



## Mobile app

- Pay bills, track payments, and reimburse yourself
- Search for qualified medical expenses
- Capture and submit receipts
- Easily deposit funds
- Calculate your contributions
- Update your beneficiary



## Payment card

- Pay the easier way at the doctor's office, chiropractor or pharmacy
- Use your card to pay for qualified medical expenses online
- Order additional cards for family members covered under your plan



**It's easy to check account information, submit receipts, reimburse yourself**

# Common questions ?

You've got questions, we've got answers



Who owns my HSA?



Do I need to keep my receipts?



I already have an HSA. Can I open another?

More questions? Visit [optumfinancial.com](https://optumfinancial.com) for other frequently asked questions.

## Get started now with your Optum Financial HSA

1

Enroll in the plan by  
the deadline



2

Select an HSA for  
year-round savings  
and benefits



3

Adjust contribution  
amounts throughout  
the year; spend and  
use your account for  
your care.



For more information, visit [optumfinancial.com](https://optumfinancial.com)

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Flexible spending accounts (FSAs), dependent care assistance programs (DCAPs), health reimbursement arrangements (HRAs), Commuter and Parking Benefits, Tuition Assistance Plans, Adoption Assistance Plans, Surrogacy Assistance Plans, Wellness Benefits, and Lifestyle Accounts (collectively, "Employer-Sponsored Plans") are administered on behalf of your plan sponsor by Optum Financial, Inc. or ConnectYourCare, LLC (collectively, "Optum Financial") and are subject to eligibility and restrictions. Employer-Sponsored Plans are not individually owned and amounts available under the Employer-Sponsored Plan are not FDIC insured.

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