



ARBenefits Newsletter

Q2 | 2024 | Active

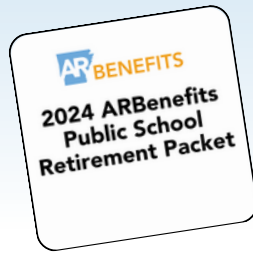
THINKING ABOUT RETIREMENT?



Check with your retirement system to ensure eligibility.



Read through the retirement packet to make sure you have filled out everything needed for EBD to enroll you in retirement coverage.



Click the pictures for your retirement packet.



LEGAL AID FROM COLONIAL LIFE ADDED BENEFITS FOR YOU



Services include:

- ✓ Writing a will or power of attorney
- ✓ Create a living trust
- ✓ Prepare a healthcare directive
- ✓ Assistance with estate planning

Manage legal affairs with the online benefit which gives you access to high-quality legal assistance.

To get access, go to:
www.LawAssure.com/register



Legal Document Preparation



Sharing and Collaboration



Secure Account Space

MAKE SURE YOUR CONTACT INFORMATION IS UPDATED

Update your email, address, and phone numbers in the ARBenefits portal so you don't miss any communication about your benefits.

www.my.arbenefits.org

HOW CHANGES ARE MADE

ASE/PSE Commission



Board of Finance



Arkansas Legislative Council

For more information and to sign up for updates visit:

www.transform.ar.gov/employee-benefits/about-us/ebd-advisory-commissions/

CHRONIC CONDITION MANAGEMENT

If you have any of the following:

- Asthma
- Coronary Artery Disease
- Congestive Heart Failure
- Chronic Obstructive Pulmonary Disease
- Chronic Pain
- High Cholesterol
- Diabetes
- High Blood Pressure
- Chronic Kidney Disease
- Long-term Injury

You are eligible for the Health Advantage Nurse Coaching program.
Call 1-800-482-8416 to get enrolled and the help you need at no extra cost.

MAY IS SKIN CANCER AWARENESS MONTH

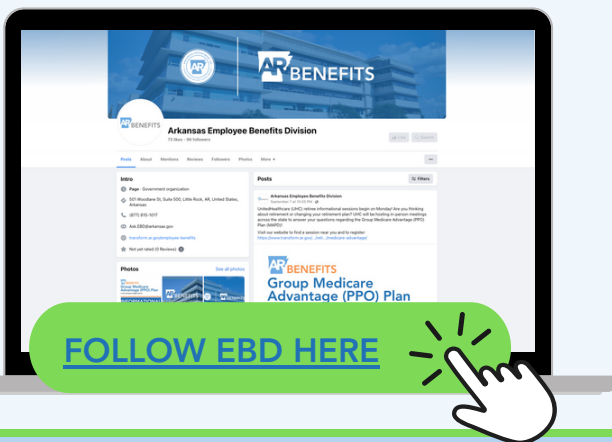
- Skin cancer is the most common form of cancer and the most preventable.
- Wear sunscreen and stay shaded when possible to limit sun exposure.
- For any questionable marks or moles, see a dermatologist.



PUBLIC SCHOOL TEACHERS

If you are transferring school districts, let your district HR know by the deadline. This will ensure that EBD has you in the correct district for the new school year!

If you do not meet the district deadline, then you will be treated as a new hire in the new school district.



Employee Benefits Division is now on Facebook!

Make sure to like and follow our Facebook page for important Employee Benefits information.

All posts pertaining to active members will be highlighted green.

Follow the Department of Transformation and Shared Services on social media!



Questions? Contact us today!

Email: Ask.EBD@arkansas.gov
Member Services: 877-815-1017