



## Changes to the State and Public-School Life and Health Insurance Board

Due to Act 1004 of 2021, the duties of the State and Public School Life and Health Insurance Board have been transferred to the State Board of Finance to further develop health and life insurance benefits for State and Public School employees and retirees.

So what exactly does this mean for you as a member? We are still committed to the long-term viability of health insurance and other products for you and your family. Read more specifics below.

### Will I lose my insurance?

No, you will still have insurance through ARBenefits

### What is the long term plan?

The plan is to eventually find a more permanent solution to the governance of the State and Public School Health and Life Insurance Program. For now, the General Assembly, feels it is in the best interest for the Plan to be under the leadership of the State Board of Finance.

### What is the purpose of Act 1004?

The purpose is to clearly outline the duties and qualifications of the Board of Finance and sub-committees as it relates to the State and Public School Health and Life Insurance Program.

### What will the Board be doing?

The Board of Finance will be looking through different options to help ensure our plan does not operate in a deficit. The priority agenda item is to set rates for the 2022 year.

### How can I stay updated on the decisions of the Board?

You may visit our [website](#) to stay informed.

### Is the Employee Benefits Division still intact?

Yes, EBD will still handle the day-to-day operations of ARBenefits and you may reach out to us with any further questions or concerns.



**Did you know that you can earn up to three annual wellness days of leave with AHELP?**

**AHELP is the state employees' worksite wellness intervention program that encourages making healthy choices.**

**For more information or to take part in this free program, visit [ahelp.arkansas.gov](http://ahelp.arkansas.gov)**





# ARBenefits Resources: Case Management

One of the many benefits of your health plan include assistance from case managers who are registered nurses that have experience in all types of care. A case manager can help you:

- **Communicate better:** Helps you have more productive conversations with healthcare providers.
- **Stay healthy:** Helps you discover new ways to stay healthy through preventive care.
- **Get the right healthcare:** Will make sure you see the right providers at the right time (in the right place).
- **Make better decisions:** Empowers you to make your own medical decisions, provides information about your condition and your treatment options, and more information about your health insurance coverage.

Learn more about this benefit and all other resources available to you [here](#).

## Retirement Checklist



### Submit a Retiree election form

For the boxes in section 1, use the following information:

**Event:** Retirement

**Event Date:** Last day of employment

**Date annuity begins:** The date you start drawing annuity from your retirement agency



Submit a Spousal Affidavit if continuing coverage on a spouse along with a marriage license



If you are Medicare eligible, submit a copy of your Medicare card



Visit [mysmilecoverage.com/SOAR](https://mysmilecoverage.com/SOAR) to enroll in dental and vision plans



Complete the Deduction Authorization form to continue Colonial Life coverage

**Members may submit these forms (found in the ARBenefits Retirement packet) no sooner than 30 days prior to their retirement.**

ARBenefits complies with applicable Federal civil rights laws and does not discriminate based on race, color, national origin, age, disability, or sex. Language assistance services, free of charge, are available to you. Call 1-877-815-1017x1, x2

